



Blessings from the Heart, Inc.

"Helping to provide for our neighbors in need"

"HeartBeat" April/May/June 2011

Welcome to the current issue of "HeartBeat", the newsletter from Blessings from the Heart, Inc., an Arizona 501(c)(3) non-profit corporation that provides assistance for US/Mexico border towns and other disadvantaged communities by distributing donations and helping to facilitate aid.

"Tools for Success" Scholarship

We are happy to report that we awarded \$2,500 in scholarships to ten local students! These students proved to be hard workers and committed to their educational goals. We look forward to supporting them in the future and watching them become everything we know they can be!



Your tax-deductible donation to this program helps us to offer additional opportunities to these students. Thank you!

Trip to Agua Prieta in July

We will be making a trip to Agua Prieta on July 29th to visit the children in the orphanage and help to provide some of their basic needs. We had a very generous Girl Scout troop donate over 12 cases of cookies, so we are excited to deliver those! If you can provide something from the following list, please contact us.

Diapers (size 4 & 5), baby lotion, baby shampoo, wipies, Lysol spray, dish soap and snack foods for the children.

We also are ready to provide black school shoes, so if you can buy just one pair, please contact us for appropriate size!

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Message from the Director:

I'd like to take a moment and wish the best for everyone in Arizona and New Mexico that have been affected by the recent wildfires. The outpouring of support for the firefighters, the evacuees and finally the displaced animals has been awesome. The needs continue and will for quite some time. I encourage anyone to help where they can. See the Red Cross Arizona or World Care website(s) for information on where you can best be of assistance. Vicki

Time to start thinking about school?!

We will begin collecting school supplies for the fall, so if you can donate **spiral notebooks, pencils, backpacks, crayons, colored pencils, scissors, glue sticks or rulers**, please let us know! We will also be looking into providing school uniforms for the children in Agua Prieta, so watch for that information in a future newsletter. Thank you!

And now a word from our Partners....

Mark your calendars for Saturday, July 30th.

The first car show was such a success; they are going to do it again! There will be a car show at Casa Blanca Plaza, at Oracle and Rudasill Roads, here in Tucson.

Plans include vintage autos, a raffle, and other attractions. All proceeds will benefit our sister charity, the Flowing Wells Family Resource Center.

Do you have your Café Justo yet? Contact us for a pound (or two!) of delicious coffee. This high quality coffee comes directly from the grower, to the roaster, to you! The proceeds go back to the families to help them stay on their ancestral lands. From their website: “Café Justo is farmer owned cooperative based in Mexico, formed to address the causes of labor migration from Mexico to the U.S.A.”. Trust me, you won't be disappointed. For more information about this corporation, go to www.justcoffee.org.

Thank you!

Board Activities

As always, we are looking forward and planning events and activities to further the mission of Blessings.

Help! Our Fundraising Chairperson has had to resign. If you have a gift of being able to plan fun parties and raise funds for a worthy cause, please contact us. No experience necessary!



Come find us on facebook!

We have a facebook page, where you can see the latest photos and activities of Blessings. Just search for Blessings from the Heart, and tell us you like us!

<http://www.facebook.com/pages/Tucson-AZ/Blessings-from-the-Heart-Inc/146276801704>

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Who do you GoodSearch for?



Search the web with www.goodsearch.com and money from Yahoo advertisers will go to Blessings without you spending a dime! Simply enter Blessings from the Heart into the “Who do you GoodSearch for” line and press “Verify”. The website takes care of the rest!

Do you have your Albertson’s “Community means a great deal” card? We are participating in this program and there is no cost to get involved. You scan the key tag every time you shop at Albertsons and it helps us earn much needed funding! Contact us if you need a card!



Collect Drink Pouches for Blessings!



Yes, we have a fun way to earn funds for Blessings. If you have children, know children or just like drink pouches, we need you! We are collecting drink pouches to help save the environment and receive a penny for each one redeemed. Please remove the straw and cut the top off the drink pouch as close to the seam as possible, and rinse.

Tax Deductible

Donations Always Needed:

- Cash (checks may be made out to “Blessings from the Heart, Inc.”)
- Canned and nonperishable food
- New or used clothes in good condition
- sturdy shoes, all sizes
- Personal items:
 - shampoo & conditioner
 - soap
 - hair ties
 - deodorant
 - lotion
- Laundry and cleaning supplies
- Twin size Sheets and Blankets
- Dry drink mixes
- Toilet paper
- Paper towels

Your help is needed and greatly appreciated! Contact us for pick up of goods and consider one of our many volunteer opportunities!



“This is the miracle that happens every time to those who really love: the more they give, the more they possess.”

--Rainer Maria Rilke